

February, 2020

Ray Mitchell, Editor,
Cub Reporter

<http://sequimbayyachtclub.org/news/>



Scuttlebutt

Newsletter of the Sequim Bay Yacht Club

Commodore – Jerry Fine



January was quite a month here in the Sequim area, and it started off with a fabulous Lunch Bunch on the 2nd of January. It was hosted by Katherine and Wes Haskell at the Old Mill Cafe. They graciously poured Champagne for the entire table for a New Year toast, not only one bottle but two! Thank you, thank you Katherine and Wes!

As always, the Old Mill took real good care of us as we sipped our bubbly. A great time was had by all.

The winner of the “dice game” with 60 – 6's was Viola Marshall, so she got the cash and the duty for February. She has chosen the Oasis Bar and Grill, one of our favorites, so be sure to call and let her know you are going to be there, or be square. You could be the next winner. Please see below for photos of event.

Unfortunately, the General Meeting for the 15th had to be canceled due to snow, and quite deep in some areas. It is always beautiful falling and when it is perfect and untouched. Everywhere you look it's a postcard around here with a fresh blanket of pure white snow. But then, we have “stuff to do” and the footsteps and muddy tire tracks start to show up, yuck. I think we all love it for a very short while, then spend the next several days hating it

Several dedicated members spent the better part of two afternoons putting together the 2020 SBYC Orientation held on January 18th from 10:00 until 2:00. The full program is accessible on the two “links” below, open them up and have a look for yourself. Every aspect of the SBYC was covered verbal and with photos or actual walking tours. Not only was everyone given knowledge on all facets of how the club works, they also enjoyed some good pizza and veggies. What could be better than that?? We had about 30 in attendance and all had an opportunity to sign up for club events for the balance of the year.

Please copy the following links and paste in your browser to review the 2020 SBYC Orientation.

<https://photos.app.goo.gl/SiRE6q7s72qUorc7>

<https://photos.app.goo.gl/drc27SXpbMN4WpiC7>



January Lunch Bunch



Winter at the Fine Family Farm

Well, the snow is gone and time to get on with getting on, until next time.....

JANUARY

- 6 Board Meeting 3:00 pm clubroom
- 15 General Meeting 7:30pm (6:30-7:30 cocktail hour)
(NOTICE DATE CHANGE, 3RD WED IN JANUARY)
- 18 SBYC Orientation for new members (10am-2pm)
- 24 Happy Hour, Aloha and Mahalo 5:00-7:00 pm

FEBRUARY

- 3 Board Meeting 3:00 pm clubroom
- 12 General Meeting 7:30pm (Valentines Cocktail Hour 6:30-7:30)
- 29 **Commodore's Ball**; Cocktail Hour 5pm, Dinner 6pm, Dance 7pm

MARCH

- 2 Board Meeting 3:00 pm clubroom
- 11 General Meeting 7:30 pm; **St. Pats Sip & Sup** -
Cocktail Hour 5:00 pm-6:15 pm, Dinner 6:15 pm-7:00 pm (Corned Beef)
Capt. Ray & Glenda
- 28 **Men's Treat Champagne Breakfast.**
First Mates Appreciation. Social Hour 10:00am, Breakfast 11:00am
- 30 Board Meeting 3:00 pm clubroom

APRIL

- 8 General Meeting 7:30 pm (6:30-7:30 pm cocktail hour)
- 24 Happy Hour 5:00-7:00 pm
- 25 **Waterfront Days POPA**

MAY

- 3 **Opening Day** Skippers Meeting 2:00 pm, Flag Ceremony 2:30 pm, Boat Parade 3:00 pm, Cocktail Hour 4:30 pm, Potluck Dinner 5:30 pm
- 4 Board Meeting 3:00 pm clubroom
- 13 General Meeting 7:30 pm (6:30-7:30 cocktail hour)
- 29 Happy Hour 5:00-7:00 pm

JUNE

1 Board Meeting 3:00 pm clubroom

10 General Meeting 7:30 pm; **Sip & Sup**, Cocktail hour 5:00-6:15 pm, Dinner 6:15-7:30 pm

26 Happy Hour 5:00-7:00 pm

27 Thistle Regatta (Dale Dunning: sailboat races, dinner)

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JULY

6 Board Meeting 3:00 pm clubroom

8 NO GENERAL MEETING (cruising on the water / vacation time)

24 Happy Hour 5:00-7:00 pm

AUGUST

3 Board Meeting 3:00 pm clubroom

8 Annual Picnic (City Park – grilled steak) 1:00=5:00 pm

12 NO GENERAL MEETING (cruising on the water/vacation time)

15 Sequim Bay Regatta (Dale Dunning: sailboat races, dinner)

16 Sequim Bay Regatta (Day 2) Sequim Bay races

21 Happy Hour 5:00-7:00 pm

31 Board Meeting 3:00 pm clubroom

SEPTEMBER

9 General Meeting 7:30pm (6:30-7:30 cocktail hour)

19 Reach and Row for Volunteer Hospice of Clallam County (VHOCC) Sailboat races

20 Reach and Row for Volunteer Hospice of Clallam County (VHOCC)
Rowing/paddling races

25 Happy Hour 5:00-7:00 pm

OCTOBER

5 Board Meeting 3:00 pm clubroom

14 General Meeting 7:30pm; Oct. Sip & Sup, Cocktail Hour 5:00-6:15pm, Dinner 6:15-7:30pm

30 Happy Hour 5:00-7:00 pm

NOVEMBER

2 Board Meeting 3:00 pm clubroom

11 ANNUAL Meeting/**Election of Bridge** 7:30pm (6:30-7:30 cocktail hour)

26 SBYC Club Room Thanksgiving Dinner

30 Board Meeting 3:00 pm clubroom

DECEMBER

4 Club Room - Christmas Decoration Party 5:00-7:00pm

9 General Meeting/**Change of Watch** 7:30pm;

Cocktail hour 5:00-6:15pm, **Christmas Dinner** 6:15-7:30 pm

Vice Commodore – Jerry Oden



VISITORS & VOLUNTEERS ---- The **WANTED** and the **NEEDED**. There are four on-the-water events scheduled this year, which will give the SBYC great exposure to visiting boaters and racers; and will allow us to demonstrate our hospitality and the level of support our members provide. Signup sheets will be prominently displayed at upcoming club events.

Please sign up and help. Scheduled water events are:

May 3 OPENING DAY – Powerboat, sailboat and rowing shell “rides” will be available to anyone interested in a great experience. Volunteers will be needed at both the power/sail registration table near the boat ramps and at the south end on the parking lot for the rowers. Visitors will register, sign release forms and be fitted with a PFD before going on the dock/bay. (Having plenty of PFDs available will speed the process of getting visitors out on the water. A limited supply was a choke point on the dock last year. Skippers are encouraged to bring any extras along for the day.) There will be many other opportunities to help that day.

June 27-28 DISTRICT CHAMPIONSHIP F/ THISTLE CLASS SAILBOATS – We have been asked, and gladly agreed, to host this event. Thistle sailors have participated in our small boat regattas and have seen us in action. To do this well, help will be needed with registration before and cooking burgers etc. after the first day. For the races on Saturday and Sunday we will need experienced chase boat and committee boat crew. Dale Dunning, who brought this opportunity to the board last year, will provide more details.

August 15-16 ANNUAL SEQUIM BAY REGATTA F/ THISTLE, FLYING SCOTT and OTHER SMALL BOATS. This will basically be a repeat of the Thistle regatta – with the same opportunities for us to show-off.

September 19-20 REACH and ROW FOR VOLUNTEER HOSPICE OF CLALLAM COUNTY (VHOCC). Sailboat races on the 19th and Rowing/paddle races on the 20th, both require the same before, during and after work of volunteers. BUT, this is our BIG annual fundraiser. There will be many, many opportunities to help generate financial support for VHOCC, long before the event. Please watch for specific calls for help – the needs/duties will be identified as we get closer to the event. If you can support only one SBYC outreach – this is the one with the greatest impact. So, please get involved.

What is Jerry doing? He is using the latest technology available to man, to check wind direction and velocity, a stick and piece of string!

Rear Commodore – Anna Richmond



Journey through the Falkland Islands

Join us on February 12, 7:30 PM, as we embark on a journey through the Falkland Islands and South Georgia Island, led by voyagers John and Mary Wegmann. John and Mary recently returned from a trip to the area aboard the Lindblad/National Geographic ship Explorer, and they look forward to sharing their photographic expedition and stories. “These islands, especially South Georgia, are remote and mostly unsettled and are home to great numbers of sea birds and mammals. South Georgia Island also played an important role in Sir Ernest Shackleton's Antarctic Expeditions, especially his remarkable boat journey from the Antarctic Peninsula, and we will briefly talk about that as well”, says John.

The Falkland Islands is an archipelago in the South Atlantic Ocean on the Patagonian Shelf. The archipelago, with an area of 4,700 square miles, comprises East Falkland, West Falkland and 776 smaller islands. As a British overseas territory, the Falklands have internal self-governance, and the United Kingdom takes responsibility for their defense and foreign affairs. (*Wikipedia*)

See you (and the penguins) there.

From the Membership Desk – Ann Elliot, Margaret Schwarz

I want to thank everyone who attended the SBYC membership orientation on Saturday, January 18th. Not only was the event informative, it was fun! We had 34 members in attendance. Four folks had to cancel their plans to attend due to excessive snow and 3 were ill. A special thanks to all who participated in the planning and presenting. Jerry Fine presented an overview of the club's governing documents, our Board and their responsibilities as well as our annual events. Doug Schwarz composed an amazing Powerpoint presentation filled with information and pictures of our members attending our many activities. He presented a thorough orientation of our website and also shared the boating education opportunities we have available to us provided by the America's Boating Club (formerly known as NOSPS). In Helga O'Brien's absence, Mary Jeanne Richards kindly stepped in to talk about our Sip, Sup & Socialize events as well as what it takes to put on all of our dinner events. She also led the tour of our club assets used in putting on events including the bar, galley and downstairs storage area. I spoke about our cruises, racing opportunities, reciprocity with other yacht clubs and social events that take place outside of the annual events. Diane Froula gave us insight into the rowing program. Rudy Heessels led the tour of the rowing sculls and storage of other rowing equipment. Jerry Oden shared information about the Flying Scot, our regattas and race committee as well as led the tour to see the Flying Scot and the race equipment stored in our outbuildings. Deb Carlson talked about the bar and how to get your license to tend bar at our events. She also tended bar for those who wished to purchase beverages. Margaret Schwarz talked about our event books that hold information about past events. She also covered and displayed the sign-up sheets to work on committees and covered a few details to augment what had already been presented. All this and a pizza lunch. It was a great event. Thank you to all who made this a success! Please see link to pictures of event under Commodore Jerry's article.

We have received our first membership application for 2020. This will be presented to the Board at the February 3rd board meeting

Important!

Durkee Richards will be updating the roster in February. Please go to our website and review your information. If there are any inaccuracies or changes in your contact information, please notify him at dbrmj@earthlink.net.

SBYC
Lunch Bunch



11:30 a.m., Thursday February 6, 2020

Oasis Bar & Grill
301 E. Washington
Sequim



RSVP via email only

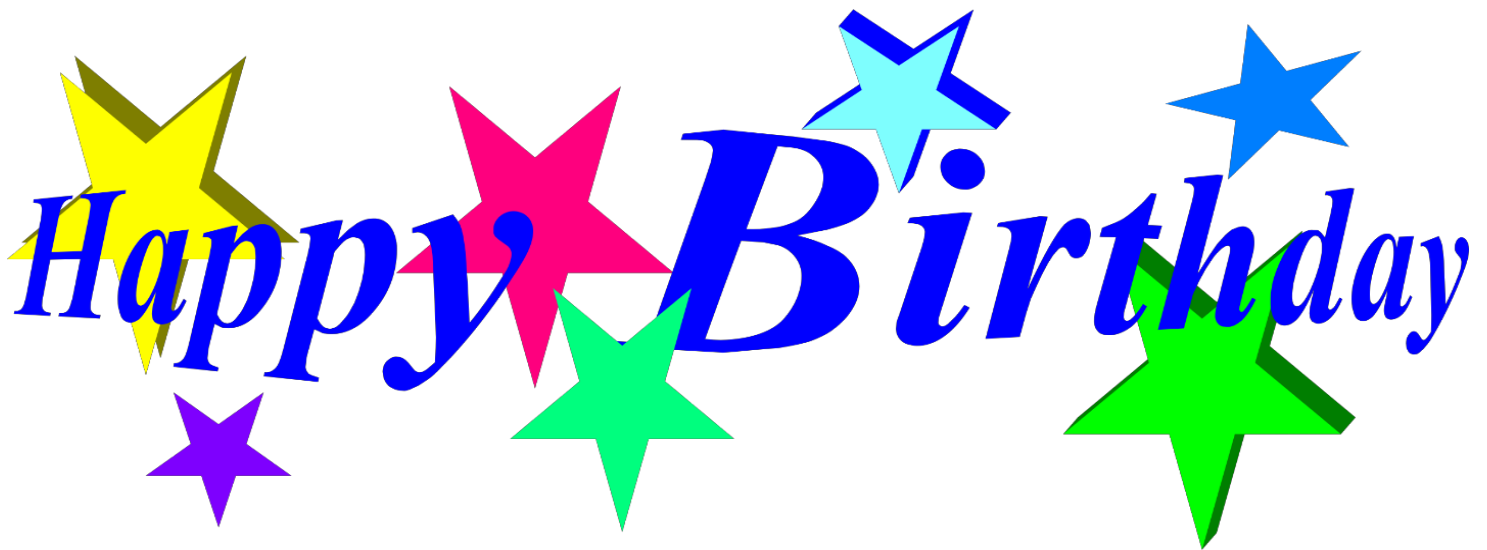
Viola Marshall

email: dancerviola@gmail.com

NOTE: Since we moved on the 18th, we have had problems with phone service.

Sorry for the inconvenience!





**Happy February Birthday to the following SBYC
Members:**

2-02 Jean Heessels-Petit
2-04 Bruce Jensen
2-09 Christian Hawk
2-12 Terry Topjun
2-21 Dan Benjamin
2-22 Kathryn Haskell
2-23 Carolyn DeSalvo
2-26 Jim Spurr
2-27 Jim Beaty

Coxswain's Corner –Don Berger, Frank DeSalvo and Linda Carlson

Outdoor and Indoor Winter Rowing

There are four rowing seasons in Sequim: Fair weather, Fog, Fall and Polar Bear Seasons. This year's Polar Bear season has been particularly troublesome. The wind and snow have made it practically impossible to row on a consistent basis.

So resourceful rowers adjust primarily by staying inside and using ergometers (rowing machines or ergs) as a substitute for outside rowing. The following is a list of some of the advantages of indoor rowing on ergometers.

Ergometers offer several advantages. First rowers can wear stylish Lycra fitness fashions (athleisure wear) to look their best even when they're not at their best rowing. Second you can set beside rather than behind or in front of a fellow rower on an adjacent machine. This provides an opportunity to develop some sort of a social relationship while rowing. Third, you can watch your favorite TV show while simultaneously getting a workout.

Now to the more serious advantages. First one does not need to be a rower to use a rowing machine. However, that does not absolve the non-rower from learning and using proper form to get the most out of time spent on the machine, and to remain injury free.

Like rowing, the ergometer provides a full body workout with negligible impact on joints. The rower controls the resistance level which accommodates all levels of conditioning and desired intensity. Since proper usage of a rowing machine engages over 80% of the body's muscles it can help eliminate the need to purchase or use many other exercise machines to achieve the same outcome. Finally, if you're traveling, you can maintain your workout schedule because many hotel fitness centers now offer ergs for customers use.

Your local "Y" and Anytime Fitness (in Sequim) have ergometers for use by their members. There may be other facilities in town that also have ergs for members use. Some rowers have personal machines that may be available for use on a trial basis.

If you want to learn more about ergometers, or at least to know one when you see one, here's a picture for your information. If you want to learn more about how to use one correctly you



New Boarding Ladder

In January, Commodore Jerry Fine joined several rowers in practicing the installation and removal of a ladder modified to use on the bow of the club launch during rescues. This design was developed by Bob Macaulay and Jim Beaty with rower feedback after the Labor Day weekend wet rescue drills conducted by the rowing safety committee. The ladder also will be used in the next wet rescue drills, scheduled for summer 2020



Credits:

Starring: Commodore Jerry Fine
Producer: Sequim Bay Yacht Club
Director of Photography: Ted Shanks
Script: Linda Carlson
Construction: Bob Macaulay and Jim Beaty

Happy Hours-Joel Cziok

January 26, 2020

HAPPY HOUR NEWS!

Aloha!

Did you visit the Aloha Happy Hour last Friday? We had a fabulous time!

The clubroom was transformed into a beautiful Tiki Bar. The decorations that Ray and Glenda provided were imaginative, and so much fun. Pineapples and huge leaves everywhere! The Hawaiian music that was played added to the atmosphere and the laid-back attitude for the evening.

The food was delicious! Spam sliders, pineapple and pork, meatballs, enchiladas, and sweets totally filled the SBYC table spread. Our bartenders, Doug and Margaret, kept the spirits and cheer flowing to everyone that attended.

This time of year, rainy, melting snow, grey sand on the roads everywhere. We heard of different bugs and sniffles and sneezes that prevented some of our membership from getting to the Aloha Happy Hour. If you were not able to make it, we send our very best well wishes, and we will look forward to seeing you all soon at our next event.

If you haven't attended a Happy Hour, mark May 29th on your calendar for a Kentucky Derby Happy Hour! It may require a flowery hat for our ladies, and snappy attire for our gents.

Cheers!

AVAILABLE DATES FOR HAPPY HOUR HOSTS!!

Date:	Hosted by:	Theme:
January 24, 2020	Ray and Glenda	Aloha
February	...no Happy Hour due to Commodores Ball	
March	...no happy hour	
April 24, 2020	Ray and Glenda	Kentucky Derby
May 29, 2020	Scott and Nell Clausan	70's Disco Party
June 26, 2020	<i>Available for hosting</i>	
July 24, 2020	<i>Available for hosting</i>	
August 21, 2020	<i>Available for hosting</i>	
September 25, 2020	<i>Available for hosting</i>	
October 30, 2020	Jerry and Marian Fine	
November	...no happy hour	

Copy and paste the pictures of "Aloha" following link into your browser to view

By Staff Commodore Doug Schwartz

<https://photos.app.goo.gl/eZZUcnie5GtCMXu6>

End of Event Update for 2019 Reach and Row for Hospice - Susan Sorensen

Volunteer Hospice of Clallam County (VHOCC) has compiled the end-of-year totals and this year it was another successful event. The overall total contributions for 2019 is \$23,047.73 which brings the Grand Total to \$383,074.53 since the first race in 1991. Every penny of these Reach and Row funds are used for respite care for VHOCC patients. Once again, SBYC has made a lasting impact on our community. A huge thank you for your support of this #1 event that is supported by each of you!

Already it is time to think about 2020 Reach and Row for Hospice. For the best outcome, an important segment that needs advance planning is the Experience Raffle, which brought in \$4,409 for the 2019 event. Since we all have enough "stuff", the suggestion for this past year was for "experiences" and it was a huge hit. Each of you have community contacts and ideas so contact me with unique suggestions that will ensure excitement and competition to purchase raffle tickets to win that special experience. I can be reached at starlady@olypen.com and look forward to another successful event in 2020 to benefit VHOCC.

Susan Sorensen

2020 Reach and Row for Hospice

How to Announce an SBYC Event – Linda Carlson, Janice Dunning

If you are responsible for publicizing an SBYC event, it's easy to create a message, even if you haven't used Microsoft Word for graphic design or don't have desktop publishing software. In the Members section of the club website, click on "Documents," and then on the left, "Announcement Format." This will lead you to a template to use with Word, at <https://sequimbayyacht.club/announcement-format>.

Replace the placeholders with your event information, make any desired changes in text and background color, add images if you like, and save the document with a name such as "Next SBYC Lunch Bunch" using the "File" menu. Choose "Save As" and change the default for "Save as Type" from "Word Document" to "PDF." You can also save this as a JPG if you have that capability.

Address an e-mail to Janice Dunning at jannybunnyd@gmail.com, attach your new PDF/JPG, and send this at least a week in advance of when you'd like the message sent out to members. If you'd like it to appear in the next issue of Scuttlebutt, Ray Mitchell <captnray@bellhill.net> needs to receive this PDF/JPG prior to the last week of the month.

Important: the PDF/JPG must be sent as an attachment, not in the message of your e-mail.

Janice will distribute your message as an e-blast to members, and via Facebook. Contact Amy Holms at sbycwebsite@gmail.com for possible addition to the website calendar.

Editorial & Messages

To those of you who have received Jars of Bounty from Jerry and Marian Fine, please return them to the club when they are empty so that they may be refilled for your future enjoyment.

Does anyone have any experience with Handicapping Horse Racing (other than losing)? If so, please contact Ray.

I very quietly confided to my best friend that I was having an affair.

She turned to me and asked, "Are you having it catered?"

And that, my friend, is the sad definition of "OLD".

Items pictured below, were left at the club and are now homeless. If one of them is yours, please come to the next Club function and take it home.





SBYC Commodore's Ball

A FINE JOURNEY

Saturday, February 29, 2020

Honoring
Commodore Jerry and Marian Fine

5 pm Social Hour
6 pm Dinner
7 pm Dancing
Black Diamond Junction

Menu*

Roasted NY Strip Steak
Miso Marinated Black Cod
Assorted Delicious Sides
Bourbon Chocolate Bread Pudding
Lime Vanilla Crème Brulee

*No need to make choices
\$50/person paid to SBYC

RSVP to Judy Shanks waquilt@aol.com by February 21, 2020
Send checks to Judy

at
450 North Street Sequim, 98382
Evening Attire Optional

~No reservations accepted or refunds issued after the deadline~